

Position		Rob Armstrong 3km - Female		
O/A	Cat	Race No.	Time	Name
2	1	825	0:44:19	tarryn Stanford
3	2	251	0:47:07	Erin Langenhoven
6	3	116	0:47:56	Carina Bruwer
8	4	411	0:49:22	Jocelyn Jansen van Rensburg
9	5	222	0:49:28	DK Dirksen
11	6	246	0:49:48	Emsie Brand
14	7	741	0:50:25	Robin Stam
20	8	869	0:51:58	Wynnie Swanepoel
30	9	455	0:55:25	Katherine Persson
32	10	500	0:55:42	Leanda Du Bruyn
34	11	529	0:55:58	Lisa Middleton Horn
35	12	51	0:56:09	Annemarie Kropman
41	13	727	0:59:17	Renate (Ratti) Bussiahn
51	14	123	1:00:29	Carla Marais
53	15	658	1:00:42	Nikki van der Walt
57	16	240	1:01:27	Elzette Schutte
59	17	854	1:01:36	Victoria Schwulst
64	18	1	1:03:49	Abigail Kirkland
67	19	635	1:04:03	Nadia van Heerden
68	20	131	1:04:06	Catherine Pellow-Jarman
71	21	410	1:04:42	Joanna Retief
75	22	747	1:05:36	Roma Cronje
76	23	882	1:05:39	Zastra Conway-Nunn
77	24	537	1:05:45	Lizl de Villiers
78	25	770	1:05:53	Sanet Cox
80	26	258	1:06:35	Estie Cloete
82	27	528	1:06:51	Lisa Melis
83	28	170	1:07:00	Cindy Greyling
84	29	373	1:07:01	Jana De wet
85	30	786	1:07:16	Shonagh Talbot
87	31	773	1:08:02	Sarah Osborn
91	32	534	1:10:25	Lize Coetzee
92	33	568	1:10:29	Mareli Grobbelaar-Moolman
93	34	652	1:10:30	Nicola Vickery
94	35	90	1:10:48	Beverley Sebastian
97	36	266	1:11:37	Fiona Bergmann

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<b>99</b>	<b>37</b>	270	<b>1:12:12</b>	Frances Scholtz
<b>100</b>	<b>38</b>	136	<b>1:12:14</b>	Celia Pienaar
<b>101</b>	<b>39</b>	783	<b>1:13:21</b>	Shelley Brouns
<b>103</b>	<b>40</b>	521	<b>1:13:51</b>	Linda Du Bruyn
<b>105</b>	<b>41</b>	524	<b>1:15:37</b>	Lindsay de Kock
<b>106</b>	<b>42</b>	573	<b>1:16:00</b>	Marié du Toit
<b>107</b>	<b>43</b>	374	<b>1:16:19</b>	Jana Scheepers
<b>109</b>	<b>44</b>	606	<b>1:16:55</b>	Melissa Loudon
<b>110</b>	<b>45</b>	171	<b>1:17:17</b>	Claire Horn
<b>111</b>	<b>46</b>	326	<b>1:17:38</b>	Helena Stoltz
<b>112</b>	<b>47</b>	137	<b>1:18:04</b>	Chaely Schuster
<b>113</b>	<b>48</b>	102	<b>1:18:17</b>	Bridget Calder
<b>114</b>	<b>49</b>	572	<b>1:18:35</b>	Mari Neethling
<b>115</b>	<b>50</b>	250	<b>1:19:04</b>	Erika Kuun
<b>117</b>	<b>51</b>	4	<b>1:19:34</b>	Adele van Heerden
<b>118</b>	<b>52</b>	772	<b>1:19:42</b>	Sarah Hotz
<b>121</b>	<b>53</b>	667	<b>1:20:36</b>	Noleen Pike
<b>122</b>	<b>54</b>	887	<b>1:20:41</b>	Zonja Gregg
<b>124</b>	<b>55</b>	551	<b>1:26:56</b>	Lynette Van Schalkwyk