

Group	Pos All	Pos Cat	No	Category	First Name	Last Name	Time	Remarks
<b>All Women</b>	1	1	149	Sprog Girls 11-12	Sierra	Courtney	00.03.35	
<b>200m</b>	2	1	4	Youth Women 15-16	Keesha	Adams	00.03.53	
200m	3	1	692	Sub Jun Girls 13-14	Kezra	Van Heerden	00.04.02	
200m	4	1	361	Senior Women 19-29	Donna	Jullien	00.04.08	
200m	5	2	686	Senior Women 19-29	Frances	Van Der Walt	00.04.17	
200m	6	1	455	Veteran Women 40-49	Taryn	Mccormick	00.04.57	
200m	7	2	228	Veteran Women 40-49	Alet	Engelbrecht	00.05.00	
200m	8	2	312	Youth Women 15-16	Nina	Higgo	00.05.03	
200m	9	2	719	Sub Jun Girls 13-14	Teyna	Van Zyl	00.05.14	
200m	10	3	454	Veteran Women 40-49	Bryony	Mccormick	00.05.16	
200m	11	4	659	Veteran Women 40-49	Jean	Tarr	00.05.26	
200m	12	3	595	Youth Women 15-16	Chaely-Anne	Schuster	00.05.30	
200m	13	4	579	Youth Women 15-16	Nikita	Roux	00.05.42	
200m	14	1	635	Master Women 50-59	Marion	Stevens	00.05.44	
200m	15	1	177	Gr Master Women 60+	Lindsay	De Kock	00.06.01	
200m	16	2	67	Sprog Girls 11-12	Isabella	Bind	00.06.03	
200m	17	5	482	Veteran Women 40-49	Candice	Montzinger	00.06.05	
200m	18	3	481	Sprog Girls 11-12	Olivia	Montzinger	00.06.09	
200m	19	4	388	Sprog Girls 11-12	Milan	Kruger	00.06.11	
200m	20	6	389	Veteran Women 40-49	Stefane	Kruger	00.06.15	
200m	21	1	494	Sub Vet Women 30-39	Nandi	Myburgh	00.06.17	
200m	22	2	234	Master Women 50-59	Robin	Ferguson	00.06.32	
200m	23	3	547	Sub Jun Girls 13-14	Morgan	Poezyn	00.06.38	
200m	24	5	79	Youth Women 15-16	Nine	Boshoff	00.06.45	
200m	25	7	525	Veteran Women 40-49	Allison	Osler	00.06.59	
200m	26	5	550	Sprog Girls 11-12	Gina	Pretorius	00.07.02	
200m	27	2	208	Sub Vet Women 30-39	Ruanda	Downing	00.07.17	
200m	28	6	171	Sprog Girls 11-12	Mia	De Bruyn	00.07.20	
200m	29	3	170	Sub Vet Women 30-39	Marita	De Bruyn	00.07.21	
200m	30	1	527	Nipper Girls 8-10	Rebecca	Osler	00.07.24	
200m	31	6	607	Youth Women 15-16	Ella	Smith	00.07.30	
200m	32	8	379	Veteran Women 40-49	Judith	Kluge	00.07.36	
200m	33	3	778	Master Women 50-59	Caroline	Young	00.07.38	
200m	34	4	341	Sub Vet Women 30-39	Sheri	Ingram	00.07.43	
200m	35	7	309	Sprog Girls 11-12	Lucy	Henderson	00.07.45	
200m	36	9	163	Veteran Women 40-49	Angela	Daniels	00.07.48	
200m	37	10	549	Veteran Women 40-49	Marietjie	Pool	00.07.54	
200m	38	11	257	Veteran Women 40-49	Anthea	Ganger	00.08.10	
200m	39	2	448	Nipper Girls 8-10	Riley	Mattheyse	00.08.17	
200m	40	5	201	Sub Vet Women 30-39	Adi	Dirmeik	00.08.31	
200m	41	3	1	Nipper Girls 8-10	Paige	Aarninkhof	00.08.32	
200m	42	7	517	Youth Women 15-16	Shani	Olivier	00.08.52	
200m	43	4	424	Nipper Girls 8-10	Annemi	Loots	00.09.07	
200m	44	6	346	Sub Vet Women 30-39	Elaine	Janse Van Rensburg	00.09.13	

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200m	45	5	658	Nipper Girls 8-10	Ella	Tarr	00.09.25	
200m	46	6	214	Nipper Girls 8-10	Mia	Du Preez	00.09.27	
<b>All Women</b>	47	4	536	Master Women 50-59	Michelle	Petring	00.09.33	
200m	48	5	122	Master Women 50-59	Hester	Calldo	00.09.36	
200m	49	6	736	Master Women 50-59	Jeanne	Vosloo	00.09.38	
200m	50	7	780	Nipper Girls 8-10	Aria	Zhang	00.09.51	
200m	51	2	594	Gr Master Women 60+	Sonja	Schreuder	00.10.00	
	52	7	593	Sub Vet Women 30-39	Elsje	Schreuder	00.10.13	
Group	Pos All	Pos Cat	No	Age Category	First Name	Last Name	Time	Remarks
<b>All Men</b>	1	1	671	Master Men 50-59	Andrew	Trench	00.04.06	
200m	2	1	81	Nipper Boys 8-10	Petrus	Bosman Jnr	00.04.53	
200m	3	1	630	Junior Men 17-18	Abdu-Razeen	Stemmet	00.05.28	
200m	4	2	491	Master Men 50-59	Hans	Muylaert-Gelein	00.05.37	
200m	5	1	68	Veteran Men 40-49	Mark	Bind	00.06.02	
200m	6	2	189	Nipper Boys 8-10	Emile	De Wet	00.06.20	
200m	7	1	187	Sprog Boys 11-12	Charl	De Wet	00.06.30	
200m	8	2	526	Sprog Boys 11-12	Benjamin	Osler	00.06.53	
200m	9	2	140	Veteran Men 40-49	Hennie	Coetzee	00.07.08	
200m	10	3	19	Nipper Boys 8-10	Seth	Arendse	00.07.40	
200m	11	3	258	Sprog Boys 11-12	Zeke	Ganger	00.08.27	
200m	12	3	546	Veteran Men 40-49	Mike	Poezyn	00.08.47	
200m	13	4	515	Veteran Men 40-49	Cobus	Olivier	00.08.53	
200m	14	4	518	Nipper Boys 8-10	Simeon	Olivier	00.09.09	
200m	15	1	660	Sub Vet Men 30-39	Keith	Tarr	00.09.15	
200m	16	5	781	Veteran Men 40-49	Yi	Zhang	00.09.55	
200m	17	6	165	Veteran Men 40-49	Christie	Davel	00.10.17	
200m	18	1	509	Kid Boys 6-7	Markus	Norton	00.10.27	
200m	19	1	716	Gr Master Men 60+	Hannes	Van Zyl	00.10.29	
200m	20	7	631	Veteran Men 40-49	Ameen	Stemmet	00.10.31	
	21	1	633	Sub Jun Boys 13-14	Taariq	Stemmet	00.10.33	