

Group	Pos All	Pos Cat	No	Category	First Name	Last Name	Time	Remarks
All Women	1	1	750	Senior Women 19-29	Michelle	Weber	00.11.32	
800m	2	1	500	Junior Women 17-18	Hannah	Neilson	00.11.40	
<i>800m</i>	3	2	17	Senior Women 19-29	Carli	Antonopoulos	00.11.54	
<i>800m</i>	4	1	517	Youth Women 15-16	Shani	Olivier	00.14.47	
<i>800m</i>	5	1	149	Sprog Girls 11-12	Sierra	Courtney	00.15.11	
<i>800m</i>	6	2	4	Youth Women 15-16	Keesha	Adams	00.15.53	
<i>800m</i>	7	3	261	Senior Women 19-29	Hannah	Gibbs	00.16.16	
<i>800m</i>	8	1	273	Sub Vet Women 30-39	Karen	Graaff	00.16.26	
<i>800m</i>	9	4	629	Senior Women 19-29	Ruth	Stein	00.16.27	
<i>800m</i>	10	2	498	Junior Women 17-18	Iona	Neethling	00.16.48	
<i>800m</i>	11	2	289	Sub Vet Women 30-39	Candyce	Hall	00.17.47	
<i>800m</i>	12	1	659	Veteran Women 40-49	Jean	Tarr	00.17.59	
All Women	13	1	536	Master Women 50-59	Michelle	Petring	00.18.09	
800m	14	2	734	Veteran Women 40-49	Jacqueline	Vockins	00.18.15	
<i>800m</i>	15	1	545	Sub Jun Girls 13-14	Abbey	Poezyn	00.18.28	
<i>800m</i>	16	2	692	Sub Jun Girls 13-14	Kezra	Van Heerden	00.18.32	
<i>800m</i>	17	5	56	Senior Women 19-29	Makayla	Berghammer	00.18.35	
<i>800m</i>	18	3	394	Sub Jun Girls 13-14	Kathryn	La Grange	00.18.47	
<i>800m</i>	19	3	154	Veteran Women 40-49	Sanet	Cox	00.18.51	
<i>800m</i>	20	2	708	Sprog Girls 11-12	Claire	Van Wyk	00.18.53	
<i>800m</i>	21	4	684	Veteran Women 40-49	Lynda	Van Der Merwe	00.19.04	
<i>800m</i>	22	5	454	Veteran Women 40-49	Bryony	Mccormick	00.19.08	
<i>800m</i>	23	6	455	Veteran Women 40-49	Taryn	Mccormick	00.19.42	
<i>800m</i>	24	3	593	Sub Vet Women 30-39	Elsje	Schreuder	00.19.48	
<i>800m</i>	25	7	228	Veteran Women 40-49	Alet	Engelbrecht	00.19.51	
<i>800m</i>	26	4	335	Sub Vet Women 30-39	Jacqueline	Hudson	00.19.56	
<i>800m</i>	27	3	595	Youth Women 15-16	Chaely-Anne	Schuster	00.19.59	
<i>800m</i>	28	5	295	Sub Vet Women 30-39	Jacqui	Harrison	00.20.11	
<i>800m</i>	29	8	549	Veteran Women 40-49	Marietjie	Pool	00.20.18	
<i>800m</i>	30	6	93	Sub Vet Women 30-39	Thea	Brand	00.20.20	
<i>800m</i>	31	4	13	Youth Women 15-16	Amelia	Ansley	00.20.22	
<i>800m</i>	32	3	765	Sprog Girls 11-12	Sydney-Grace	Williams	00.20.33	
<i>800m</i>	33	9	540	Veteran Women 40-49	Cilnette	Pienaar	00.21.41	
<i>800m</i>	34	7	577	Sub Vet Women 30-39	Mary	Roth	00.21.42	
<i>800m</i>	35	4	507	Sprog Girls 11-12	Mila	Nienaber	00.21.47	
<i>800m</i>	36	2	635	Master Women 50-59	Marion	Stevens	00.22.11	
<i>800m</i>	37	3	16	Master Women 50-59	Paula	Ansley	00.22.19	
<i>800m</i>	38	4	351	Master Women 50-59	Saskia	Johnson	00.22.21	
<i>800m</i>	39	8	220	Sub Vet Women 30-39	Madeleine	Du Toit	00.22.24	
<i>800m</i>	40	1	177	Gr Master Women 60+	Lindsay	De Kock	00.22.26	
<i>800m</i>	41	4	411	Sub Jun Girls 13-14	Graziana	Lehtipuu	00.22.56	
<i>800m</i>	42	6	174	Senior Women 19-29	Sarah-Lee	De Greeff	00.22.59	
<i>800m</i>	43	10	307	Veteran Women 40-49	Deidre	Heafield	00.23.21	
<i>800m</i>	44	5	25	Sub Jun Girls 13-14	Gisella	Astengo	00.23.42	

Group	Pos All	Pos Cat	No	Category	First Name	Last Name	Time	Remarks
800m	45	6	392	Sub Jun Girls 13-14	Natasha	Kumbier	00.23.51	
800m	46	7	250	Sub Jun Girls 13-14	Skye	Fox	00.24.03	
800m	47	5	78	Master Women 50-59	Dina	Boshoff	00.24.19	
800m	48	7	83	Senior Women 19-29	Corne	Botha	00.24.23	
800m	49	11	603	Veteran Women 40-49	Anneke	Smit	00.24.32	
800m	50	6	23	Master Women 50-59	Janet	Askew	00.24.41	
800m	51	7	234	Master Women 50-59	Robin	Ferguson	00.25.03	
800m	52	9	179	Sub Vet Women 30-39	Tarynne	De Lange	00.25.05	
800m	53	12	429	Veteran Women 40-49	Candice	Lundin	00.25.08	
800m	54	2	767	Gr Master Women 60+	Carol	Wilson	00.25.18	
800m	55	13	7	Veteran Women 40-49	Greta	Allen	00.26.03	
800m	56	14	548	Veteran Women 40-49	Sherene	Poezyn	00.26.09	
800m	57	10	43	Sub Vet Women 30-39	Erlandy	Basson	00.26.14	
All Women	58	15	76	Veteran Women 40-49	Nicolette	Booyens	00.26.14	
800m	59	8	675	Master Women 50-59	Teresa	Truda	00.26.16	
800m	60	16	441	Veteran Women 40-49	Rowen	Markie	00.27.05	
800m	61	9	648	Master Women 50-59	Alison	Sussex	00.27.12	
800m	62	8	719	Sub Jun Girls 13-14	Teyna	Van Zyl	00.27.32	
800m	63	10	477	Master Women 50-59	Helise	Mieny	00.27.59	
800m	64	8	146	Senior Women 19-29	Carmen	Combrinck	00.28.01	
800m	65	11	490	Master Women 50-59	Monene	Murray	00.28.12	
800m	66	5	752	Youth Women 15-16	Alina	Wegendorf	00.29.26	
800m	67	1	433	Nipper Girls 8-10	Olivia	Malan	00.29.38	
800m	68	17	188	Veteran Women 40-49	Elvea	De Wet	00.29.44	
800m	69	12	720	Master Women 50-59	Hanli	Vantonder	00.29.50	
800m	70	18	301	Veteran Women 40-49	Kylie	Hatton	00.34.19	
800m	71	19	724	Veteran Women 40-49	Suna	Verhoef	00.34.48	
800m	72	3	164	Gr Master Women 60+	Dominique	Danon	00.35.13	
Group	Pos All	Pos Cat	No	Age Category	First Name	Last Name	Time	Remarks
All Men	1	1	225	Youth Men 15-16	Liam	Ellis	00.11.10	
800m	2	1	68	Veteran Men 40-49	Mark	Bind	00.14.23	
800m	3	2	112	Youth Men 15-16	Driesie	Burger	00.14.47	
800m	4	1	28	Gr Master Men 60+	Bernard	Avenant	00.14.53	
800m	5	2	373	Veteran Men 40-49	Richard	Kilpin	00.15.10	
800m	6	1	297	Sub Vet Men 30-39	Steve	Harrison	00.15.20	
800m	7	1	627	Senior Men 19-29	Jack	Stein	00.15.31	
800m	8	1	671	Master Men 50-59	Andrew	Trench	00.17.22	
800m	9	2	660	Sub Vet Men 30-39	Keith	Tarr	00.17.27	
800m	10	2	693	Senior Men 19-29	Kyle	Van Heerden	00.17.40	
800m	11	2	232	Master Men 50-59	Peter	Ethelston	00.18.01	
800m	12	1	706	Sprog Boys 11-12	Matthew	Van Vlaanderen	00.18.13	
800m	13	3	359	Veteran Men 40-49	Roelof	Joubert	00.18.23	
800m	14	1	458	Sub Jun Boys 13-14	Alec	Mcewen	00.18.41	
800m	15	3	461	Master Men 50-59	Thomas	Mcewen	00.18.45	

Group	Pos All	Pos Cat	No	Category	First Name	Last Name	Time	Remarks
800m	16	1	81	Nipper Boys 8-10	Petrus	Bosman Jnr	00.18.57	
800m	17	3	215	Senior Men 19-29	De Wet	Du Toit	00.18.58	
800m	18	2	442	Sub Jun Boys 13-14	Oscar	Marklew	00.19.27	
800m	19	2	80	Sprog Boys 11-12	Jan	Bosman	00.19.32	
800m	20	4	739	Veteran Men 40-49	Michael	Walker	00.19.45	
800m	21	1	387	Junior Men 17-18	Markus	Kruger	00.19.53	
800m	22	4	479	Master Men 50-59	Faizal	Miller	00.19.56	
800m	23	3	763	Sub Jun Boys 13-14	Matthew	Williams	00.20.01	
800m	24	4	615	Senior Men 19-29	David	Spanjaard	00.20.04	
800m	25	3	480	Sub Vet Men 30-39	Manuel	Mokros	00.20.29	
800m	26	5	614	Senior Men 19-29	Daniel	Spanjaard	00.20.31	
800m	27	3	239	Sprog Boys 11-12	Connor	Fincham	00.21.50	
800m	28	4	590	Sub Jun Boys 13-14	Ruben	Scheepers	00.22.53	
800m	29	5	552	Sub Jun Boys 13-14	Steyn	Pretorius	00.22.54	
All Men	30	4	131	Sprog Boys 11-12	Zac	Cheary	00.23.38	
800m	31	5	694	Master Men 50-59	Mark	Van Heerden	00.23.55	
800m	32	2	506	Gr Master Men 60+	Eric	Nienaber	00.24.22	
800m	33	6	167	Master Men 50-59	Jonathan	Dawson	00.24.26	
800m	34	5	64	Veteran Men 40-49	Johann	Beytell	00.26.13	
800m	35	6	569	Senior Men 19-29	Charl	Reyneke	00.26.14	
800m	36	3	263	Gr Master Men 60+	Simon	Gillate	00.27.02	
800m	37	5	729	Sprog Boys 11-12	Lucca	Viljoen	00.27.19	
800m	38	7	682	Senior Men 19-29	Bernard	Van Der Merwe	00.27.39	
800m	39	8	493	Senior Men 19-29	Christopher	Myburgh	00.28.03	
800m	40	6	543	Sub Jun Boys 13-14	Matteo	Pirouz	00.28.05	
800m	41	7	491	Master Men 50-59	Hans	Muylaert-Gelein	00.28.16	
800m	42	3	586	Youth Men 15-16	Oliver	Sage	00.28.19	
800m	43	6	585	Veteran Men 40-49	Justin	Sage	00.28.21	
800m	44	7	434	Veteran Men 40-49	Wynand	Malan	00.29.28	
800m	45	9	452	Senior Men 19-29	Daniel	May	00.29.48	
800m	46	8	29	Master Men 50-59	Jean-Pierre	Baard	00.31.46	
800m	47	4	612	Sub Vet Men 30-39	John	Snydert	00.33.43	
800m	48	8	140	Veteran Men 40-49	Hennie	Coetzee	00.33.58	